

## Tariff 2007

### Medical spa stays

Accommodation with full board - base of all medical packages

Minimum 13 nights stay, valid only in combination with medical spa packages

Basic price for medical programmes including:

- accommodation with full board (buffet breakfast, lunch, dinner)
- free entrance to the pool area (water and sauna world for guests of Balnea Esplanade Palace, indoor and outdoor pool for guests of Balnea Splendid and Balnea Grand, outdoor pool for guests of Thermia Palace, swimming pool Eva for guests of Villa Berlin, Pro Patria, Jalta + annexes),
- free entrance to fitness centre and "Energy path"
- free entrance to group exercise lessons - Pilates, Tai-chi, Yoga, Aerobic, Aqua aerobic

		Price per person in EUR				
Accommodation with full board		Off season		Main season		
		1.IV.07-28.IV.07		29.IV.07-20.X.07		
		21.X.07-25.XII.07		26.XII.07-5.I.08		
		6.I.08-29.III.08				
Spa Hotel	room category	13nights	add.night	13nights	add.night	
Thermia Palace *****	1st class	DBL	936	72	1 092	84
		SGL	1 170	90	1 326	102
Balnea Esplanade Palace ****	comfort	DBL	598	46	780	60
		SGL	806	62	988	76
Balnea Splendid ***+	superior	DBL	507	39	650	50
		SGL	715	55	858	66
Balnea Grand ***	comfort	DBL	442	34	585	45
		SGL	650	50	793	61
Villa Berlin ***	comfort	DBL	286	22	416	32
		SGL	390	30	520	40
Pro Patria **	economy	DBL	247	19	377	29
		SGL	351	27	481	37
Jalta **	economy	DBL	234	18	338	26
		SGL	338	26	442	34
Smaragd, Šumava, Riviera **	economy	DBL	208	16	312	24
		SGL	312	24	416	32

Price per 1 overnight in EUR		
Surcharges		
room category superior / de-luxe (per person)	room category comfort (per person)	room category suite / suite sup. (per suite)
- / +12	-	+60 / +72
+5 / -	-	+42 / +48
- / -	-	+42 / -
+5 / -	-	+24 / +30
+5 / -	-	- / -
+8 / -	+3	- / -
- / -	+3	- / -
- / -	-	+24 / -

Prices include VAT. Prices can be adjusted in case of change of valid legislative provisions and rules by the specified VAT rate by law.

Local tax for accommodation is not included in the price of stay. Hotel requests payment of specified amount by law upon the arrival of client.

### Discounts for long-term stays

(valid for accommodation with full board as well as medical packages):

21 = 19 (14<sup>th</sup> and 21<sup>st</sup> day with 100% discount)

28 = 25 (14<sup>th</sup>, 21<sup>st</sup> and 28<sup>th</sup> day with 100% discount)

## Medical packages

All medical packages include following services:

- **Medical examinations** - initial medical examination, prescription of individual therapeutic programme, medical check-up, final medical examination, written medical report with recommendations of further therapeutic regime, 24-hour medical emergency and nurse service
- **Healing treatments** - individual therapeutic programme with **max. 24 treatments per week (7 nights)** based on physician prescription. Treatments are not provided on Sundays and at the local national holidays.
- **Basic laboratory tests** - basic examination of urine, glycaemia-blood sugar, uric acid, cholesterol in total, hepatic tests (AST, ALT, and GMT), blood count, FW - sedimentation

## Traditional Spa Package

- **Diagnostics and laboratory tests**  
Basic laboratory tests; ECG
- **Healing treatments** - therapeutic programme includes the optimal selection from more than 60 various treatments from following groups:
  - treatments using the unique thermal mineral water and healing sulphurous mud
  - special rehabilitation using therapeutic physical training, reflex treatment and classical massages
  - other treatments based on a physician's prescription composed from an offer of hydrotherapy, heat therapy, electrotherapy, carbon therapy and others.
- **Dietary food** in the case of physician's recommendations or guest request

**364 EUR / person / 13 nights**

**28 EUR / person / additional night**

## Slim Line Spa Package

- **Diagnostics and laboratory tests**  
Laboratory tests aimed at control of metabolic functions (based on, the physician's prescription); X-rays or sonograph examination of joints; ECG
- **Healing treatments** - composition of treatments is designed to treat damage caused by being overweight and to lead to a reduction of weight. This program contains these treatments:
  - treatments using unique thermal mineral water and healing sulphurous mud
  - special kinesio therapy, individual rehabilitation, classical massages
  - group kinesiotherapy in the gym and group hydrokinesiotherapy in the pool
  - exercising in fitness centre, Nordic Walking
  - carbon therapy: dry carbon baths, tub carbon baths and gas insufflations
  - further treatments based on the physician's prescription composed from the offer of hydrotherapy, heat therapy, electrotherapy, carbon therapy and other
- **Special reducing diet** contains light low calorie meals from poultry, fish and white meats, meals with a high content of vegetables, fibre and vitamins and is enriched with natural dietetic supplements as well as liquid supplements.

**455 EUR / person / 13 nights**

**35 EUR / person / additional night**

## Osteoporosis Spa Package

- **Diagnostics and laboratory tests**  
**All-body densitometry examination;** basic laboratory tests, examination of calcium and phosphorus in blood; X-rays examination based on the physician's recommendation
- **Healing treatments** - programme aimed at treatment of osteoporosis includes these treatments:
  - baths in thermal mineral water
  - special rehabilitation and motor skills programme aimed at improvement of dexterity, conditioning to help prevent injuries: group kinesiotherapy, group hydrokinesiotherapy in the pool, individual rehabilitation and reflex therapy, sensor/motor skill stimulation therapy, exercising on balls, Nordic Walking and fitness exercising in fitness centre
  - carbon therapy: dry carbon baths, tub carbon baths and gas insufflations
  - additional treatments based on a physician's prescription composed from an offer which includes: Piešťany mud treatments, paraffin therapy, hydrotherapy, magneto-therapy, electrotherapy as well as drinking cures.
- **Special diet** based on meals with a high content of calcium and other chemical elements, which improve the absorption of calcium into the body (vegetable salads, fruits, fruit juices). This diet uses modern calcium nutritional supplements.

**455 EUR / person / 13 nights**

**35 EUR / person / additional night**

## Relaxation spa stays

### Accommodation with half board

#### Valid only in combination with relaxation spa package

Basic price for relaxation programmes including:

- accommodation with half board (buffet breakfast, dinner)
- free entrance to the pool area (water and sauna world for guests of Balnea Esplanade Palace, indoor and outdoor pool for guests of Balnea Splendid and Balnea Grand, outdoor pool for guests of Thermia Palace, swimming pool Eva for guests of Villa Berlin, Pro Patria, Jalta + annexes),
- free entrance to fitness centre and "Energy path"
- free entrance to group exercise lessons - Pilates, Tai-chi, Yoga , Aerobic, Aqua aerobic

Price per person and overnight in EUR				Price per 1 overnight in EUR											
Accommodation with halfboard				Off season		Main season		Surcharges							
				1.IV.07-28.IV.07		29.IV.07-20.X.07		room category		room category		room category		food	
				21.X.07-25.XII.07		26.XII.07-5.I.08		superior / de-luxe		comfort		suite / suite sup.		full board	
				6.I.08-29.III.08				(per person)		(per person)		(per suite)		(per person)	
Spa Hotel	room category														
Thermia Palace *****	1st class	DBL		68		80		- / +12	-	+60 / +72	+8				
		SGL		86		98									
Balnea Esplanade Palace ****	comfort	DBL		42		56		+5 / -	-	+42 / +48	+8				
		SGL		58		72									
Balnea Splendid ***+	superior	DBL		35		46		- / -	-	+42 / -	+8				
		SGL		51		62									
Balnea Grand ***	comfort	DBL		30		41		+5 / -	-	+24 / +30	+8				
		SGL		46		57									
Villa Berlin ***	comfort	DBL		21		31		+5 / -	-	- / -	+6				
		SGL		29		39									
Pro Patria **	economy	DBL		18		28		+8 / -	+3	- / -	+6				
		SGL		26		36									
Jalta **	economy	DBL		17		25		- / -	+3	- / -	+6				
		SGL		25		33									
Smaragd, Šumava, Riviera **	economy	DBL		15		23		- / -	-	+24 / -	+6				
		SGL		23		31									

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## Relaxation packages

All relaxation packages include following services:

- **Initial consultation with a physician** for confirmation of treatments. In case of health contraindications the physician can change the treatments accordingly.

## Taste of Piešťany

Minimum 2 nights stay

- **Healing treatments** relaxation programme including **1 - 2 treatments per day**, treatments offer on Sundays and on local national holidays is limited.

Taste of Piešťany programme contains selection from the following treatments:

- partial mud pack (once per week)
- thermal mineral bath - mirror pool
- partial classical massage
- whirlpool or whole body whirlpool bath
- underwater massage

**20 EUR / person / 2 nights**

**10 EUR / person / additional night**

## Relaxation package

Minimum 4 nights stay

- **Healing treatments** relaxation programme including **up to 2 treatments per day**, treatments offer on Sundays and on local national holidays is limited.

Relaxation programme contains selection from the following treatments:

- partial mud pack (once per week)
- thermal mineral bath - mirror pool
- partial classical massage
- whirlpool or whole body whirlpool bath
- pearl bath
- underwater massage
- mineral carbon bath
- oxygen therapy

**84 EUR / person / 4 nights**

**21 EUR / person / additional night**

## Beauty and Vitality package

Minimum 4 nights stay

- **Healing treatments** relaxation programme including **up to 2 treatments per day**, treatments offer on Sundays and on local national holidays is limited.

Relaxation programme contains selection from the following treatments:

- partial mud pack (once per week)
- thermal mineral bath - mirror pool
- partial classical massage
- whirlpool or whole body whirlpool bath
- pearl bath
- underwater massage
- mineral carbon bath
- salt cave with thermal mineral bath
- oxygen therapy
- **Relaxation and beauty services**
  - oil massage against cellulite
  - relaxation aromatic massage
  - refreshing energizing aromatic bath
  - dry carbon bath
  - consultation with cosmetician and cosmetic massage of face and décolletage
  - Thai massage
- **Additional services**
  - free entrance to cultural events of Social centre

**136 EUR / person / 4 nights**

**34 EUR / person / additional night**

## Management Prophylaxis package

Minimum 4 nights stay - diagnostics and

laboratory tests available only on weekdays

- **Medical examinations** - initial medical examination, prescription of individual therapeutic programme, final medical examination, written medical report with recommendations for a healthier lifestyle
- **Preventive diagnostics and laboratory tests** - Blood count, differential leukogram (blood count which includes separate counts for each kind of white blood cells) sedimentation rate, liver tests (ALT, AST, GMT, ALP, bilirubin), AMS-S (amylase), cholesterol (total, HDL, LDL), triacylglycerols (body fats),  $\beta$  - lipoproteins, ionogram (electrolytes test) , urea, serum creatinine test, uric acid, chemical urine test, blood pressure, heart pulse, electrocardiograph, body weight, Body Mass Index (BMI), glycemic profile for diabetes patients, sonographic examination
- **Healthy life style** - lecture with diet nurse about healthy food
- **Healing treatments** relaxation programme including **up to 2 treatments per day**, treatments offer on Sundays and on local national holidays is limited. Relaxation programme contains selection from the following treatments:
  - partial mud pack (once per week)
  - thermal mineral bath - mirror pool
  - partial classical massage
  - whirlpool or whole body whirlpool bath
  - pearl bath
  - underwater massage
  - mineral carbon bath
  - oxygen therapy

**112 EUR / person / 4 nights**

**21 EUR / person / additional night**

## Golf week - 7 nights stay

Valid from 1.IV.2007 until 31.X.2007

Available only for green card holders

- 4 x Green fee - 9 holes (Monday to Friday)
- **Golf academy:**
  - 4 x 24 balls and play on driving range
  - Chipping
  - Putting
- 2 x 30 minutes training with professional coach
- Cloakroom
- Caddy room

**99 EUR / person / package**

## Golf weekend - 2 nights stay

Valid from 1.IV.2007 until 31.X.2007

Available only for green card holders

- 2 x Green fee - 9 holes
- **Golf academy:**
  - 2 x 24 balls and play on driving range
  - Chipping
  - Putting
- 30 minutes training with professional coach
- Cloakroom
- Caddy room

**67 EUR / person / package**

## Bed and Breakfast

### Accommodation with breakfast

- accommodation with buffet breakfast
- free entrance to the pool area (water and sauna world for guests of Balnea Esplanade Palace, indoor and outdoor pool for guests of Balnea Splendid and Balnea Grand, outdoor pool for guests of Thermia Palace, swimming pool Eva for guests of Villa Berlin, Pro Patria, Jalta + annexes),
- free entrance to fitness centre and "Energy path"
- free entrance to group exercise lessons - Pilates, Tai-chi, Yoga, Aerobic, Aqua aerobic

			Price per person and over-night in EUR		Price per 1 overnight in EUR			
Accommodation with breakfast			Off season	Main season		Surcharges		
			1.IV.07-28.IV.07	29.IV.07-20.X.07	room category	room category	suite / suite sup.	food
			21.X.07-25.XII.07	26.XII.07-5.I.08	superior / de-luxe	comfort		main meal
			6.I.08-29.III.08		(per person)	(per person)	(per suite)	(per person)
Spa Hotel	room category							
Thermia Palace *****	1st class	DBL	64	76	- / +12	-	+60 / +72	+8
		SGL	82	94				
Balnea Esplanade Palace ****	comfort	DBL	38	52	+5 / -	-	+42 / +48	+8
		SGL	54	68				
Balnea Splendid ***+	superior	DBL	33	44	- / -	-	+42 / -	+8
		SGL	49	60				
Balnea Grand ***	comfort	DBL	28	39	+5 / -	-	+24 / +30	+8
		SGL	44	55				
Villa Berlin ***	comfort	DBL	28	38	+5 / -	-	- / -	+6
		SGL	36	46				
Pro Patria **	economy	DBL	25	35	+8 / -	+3	- / -	+6
		SGL	33	43				
Jalta **	economy	DBL	24	32	- / -	+3	- / -	+6
		SGL	32	40				
Smaragd, Šumava, Riviera **	economy	DBL	22	30	- / -	-	+24 / -	+6
		SGL	30	38				

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